

POOL SCHEDULE

YMCA at the Austin Community Recreation Center



ALL AREAS BY RESERVATION THROUGH OUR Y APP. SWIM LESSON INFORMATION, FAMILY FUN POOL RESERVATION HOURS & INSTRUCTIONS CAN BE FOUND ON OUR WEBSITE.

www.ymcaatacrc.org



QUESTIONS? Email us at info@ymcaatacrc.org

FACILITY HOURS

Monday – Friday • 5:00am – 9:00pm

Saturday • 7:00am – 4:00pm

Sunday • 10:00am – 3:00pm

Effective January 9 – March 31

LEISURE POOL	MON	TUES	WED	THURS	FRI	SAT	SUN
CURRENT CHANNEL	1:00pm – 2:00pm	1:00pm – 2:00pm	1:00pm – 2:00pm	9:00am – 10:00am 1:00pm – 2:00pm	1:00pm – 2:00pm		
WATER FITNESS		Aqua Zumba® 9:00am – 9:45am Aqua Zumba® 7:00pm – 7:45pm					
SWIM LESSONS	4:30pm – 6:30pm	4:30pm – 6:30pm	4:30pm – 6:30pm	4:30pm – 6:30pm			
FAMILY FUN POOL					6:00pm – 8:00pm	1:00pm – 3:00pm	12:00pm – 2:00pm
6-LANE LAP POOL	MON	TUES	WED	THURS	FRI	SAT	SUN
LAP SWIM	5:00am – 9:00am 10:00am – 1:00pm 2:00pm – 4:00pm 7:00pm – 8:00pm*	5:00am – 9:00am 10:00am – 1:00pm 2:00pm – 4:00pm 7:00pm – 8:00pm	5:00am – 9:00am 10:00am – 1:00pm 2:00pm – 4:00pm 6:00pm – 8:00pm	5:00am – 9:00am 10:00am – 1:00pm 2:00pm – 4:00pm 6:00pm – 7:00pm 7:00pm – 8:00pm*	5:00am – 9:00am 10:00am – 1:00pm 2:00pm – 6:00pm	7:00am – 10:00am	10:00am – 12:00am
WATER FITNESS	H2O Fit 9:15am – 10:00am Wave Yoga 7:00pm – 8:00pm		H2O Fit 9:15am – 10:00am	H2O Fit 7:00pm – 8:00pm	H2O Fit 9:15am – 10:00am		
SWIM TEAM	4:30pm – 6:45pm	4:30pm – 6:45pm	4:30pm – 6:00pm	4:30pm – 6:00pm			
WHIRLPOOL	MON	TUES	WED	THURS	FRI	SAT	SUN
	5:00am – 8:00pm	5:00am – 8:00pm	5:00am – 8:00pm	5:00am – 8:00pm	5:00am – 8:00pm	7:00am – 3:00pm	10:00am – 2:00pm

*limited lanes

Be sure to follow us on Social Media

POOL POLICIES & RULES

ALL PATRONS must shower before entering the pool.

CHILDREN 10 and under must be accompanied in the water by an adult. Children ages 10 -13 must have parent in facility while swimming. Children 14 and up can be unaccompanied. All ages are REQUIRED to follow the rules or our Lifeguards will ask you to leave. If you are visiting on a guest pass, no refunds will be given.

DIVING BLOCKS - No use of diving blocks unless during an instructional class with swim team coach or swim instructor.

FAMILY FUN POOL - Please bring your own Coast Guard Approved flotation and small toys such as small balls, rubber duckies or swim noodles. Water wings and large inflatables are not allowed.

LAP SWIM must be 10yrs or older, have passed the swim test and wear a red wrist band. Priority is given to adult members.

NO STREET SHOES or CLOTHES on pool deck, beyond entry door.

POOL SCHEDULES change frequently. Please check our website for most recent schedule.

RED WRIST BANDS - Lifeguards are able to test upon request at their discretion of pool activities. Swimmers must swim from gray line to deep end without difficulty. Please speak to lifeguard in order to take red wrist band test.

SWIMSUITS are required to properly cover all private areas. Undergarments are not considered appropriate.

WARM WATER THERAPY - (In Leisure Pool) - This time is for water walking with or against the current. Open by reservation only. Must be at least 10 years old to water walk during this time.

WHIRLPOOL - Must be 14yrs+ to enter. Swimsuits must be worn at all times.